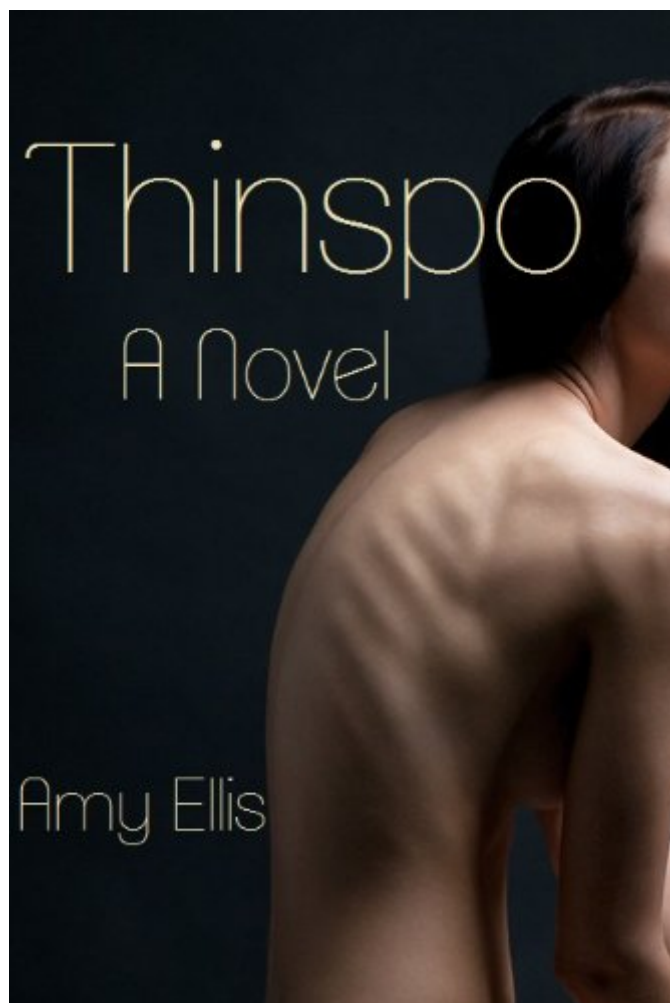


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Synopsis

Jenni is an average teenage girl about to graduate from high school who keeps a blog about her struggles to get a boyfriend and arguments with her best friend, Carly. But Jenni's blog is a bit different. She's a pro-ana/pro-mia blogger documenting her struggles with her eating disorder, keeping track of her weight, calorie intake and what her parents made her eat. When her best friend Carly discovers her blog, things start to blow up, only getting worse as Jenni meets Dani, who also suffers from an eating disorder. Jenni's story is tragic and sarcastic rolled into blog format and told through her posts and text messages.

Book Information

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in Books > Teens > Literature & Fiction > Social & Family Issues > Self Mutilation #131

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Issues > Being a Teen #348 in Books > Teens > Literature & Fiction > Social & Family Issues >

Being a Teen

Customer Reviews

When reading this little novel here, I realized what some of my friends are really going through and the mindset that they have catapulted their selves in. It's really sad knowing that these people feel that they need to be thin to be beautiful, especially at the cost of their own lives. I mean, 98lbs from being 120 already at 5'6 is pretty drastic. I also struggle with eating, but my problem was that I ate the wrong things to keep my body healthy and where it should be. I actually thought about anorexia

for a while, but reading this has made me rethink it. I then searched for other forms of obtaining a healthy, beautiful body. This novel throws readers into the reality that we all try to close off and contain through ignorance. It allows us to see into the minds of others around us who are Ana, and understand them a little better. Not everyone is the same or thinks the same as the blogger that we entered the mind of, but still, this book has enlightened me. If you are someone considering Ana, read this book. Then decide, does this really sound like something you want to put yourself through and befriend?

Told in blog posts, blog comments, and text messages, this book follows the life of Jenni. She's obsessed with her weight and calorie consumption and maintains a pro-ana/-mia blog. She alienates old friends as she makes new friends who have eating disorders. They get her, while her former friends don't. This isn't really plot-driven, but it's still a fascinating book. Even though it's not in a diary format, it reminds me of other issue books written in such a way.

It was a book that was about as honest as you can get about eating disorders. This book let you see the struggle a person goes through and how "just eating" is not the real issue. It's so much more than that.

It's a very basic book written in a blog format about a girl with anorexia. There are some text messages in there, but mostly written in blog format. No real ending to the book, so I gave it 3 stars. It's a quick read though. SPOILER ALERT: It ends with her going to treatment and stops there, which I do not like. I would have preferred more of an ending.

This book, in general, has a decent plot but no real ending or beginning. Also, as someone who has been hospitalized several times while fighting an eating disorder, most of what Jenni says, is not how people struggling with eating disorders really think/feel. I connected to some thoughts and actions but overall still found it grossly incorrect. Overall, I expected this to be a classic eating disorder memoir where the main character recovers & overcomes her eating disorder but in the end, it is nothing more than a HUGE TRIGGER for people recovering from an eating disorder.

I enjoyed how it was in blog posts and text messages. But I didn't like the characters or their families. At all. I wish the author would emphasized more on the OCD undertones. I think what a lot of the reviewers don't understand, is that she is part of a group of people who act just like her. It

seems based off a real community, on tumblr. These types of anorexic's exist. They are pro-Ana and glorify it. They twisted people like Felice Fawn as their mascots and inspirations. It just OK. I wish that it went into her treatment. Or I'm glad it didn't. Not sure, but I am sure this book was not a new favorite.

I love the format, I hate that it's short. Sums up the disordered thoughts pretty well, and very relatable. I wish there was a story about an adult/young adult with anorexia or ednos/osfed or bulimia though.. But that has nothing to do with this book. Anyway. Good story, easy read, wish there was more

This book provided an insightful glimpse into the mind of someone suffering from an eating disorder. It felt very real, and at times, was quite tragic. It is sad that an affliction such as this exists, but it is a very real problem; one that too many people tend to dismiss as "vanity". Websites like the ones in this book, should not exist, in my opinion. They should be found out and shut down, as something terrible and deadly can result from them.

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